

# THE EMISSARIES

DECEMBER 2022





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# Alumni Interview Reports

**Varun Gade**

- **Kara (12 yrs) and Yehoshua (13 yrs)**

Interviewing a few of Buddhi's old students was one of the tasks we had undertaken as part of the class activities. These students joined Buddhi many years ago and now are working adults!

These interactions were a thought-provoking, useful and interesting experience for us all and we got to hear their memorable moments while studying here as well as their life's journey after Buddhi.

We had made teams for our interview and in my team, there was Bruce, Smaran, Aanya and Yehoshua. We started by brainstorming questions for our interviewee. Each one of us had at least 5 to 8 questions and then we prepared how to introduce ourselves.

After the questions were compiled together, we sent an email to Varun, our interviewee, requesting for an interactive interview session, what date and time would be convenient for them. Once that was settled, we all had to wait to conduct the interview.

My team (which was actually Yehoshua's team) had our interview first.

A manager at the Marriott, 23-year-old Varun's favourite subject is history, as he enjoys learning about the life of famous people. He is a dedicated and hardworking person, loves talking to people and a person who believes in being motivated and working towards achieving one's dream.

**Here is an excerpt of our interview.**

**Question:** Can you tell us a bit about yourself and what you do?

**Varun's Answer:** I passed out of school in 2016 and I've worked in the hospitality industry, now at the age of 23 currently working at the Marriott as the night shift manager and I oversee all departments, from security to front desk.

**Q:** What inspires you?

**A:** I get inspired by seeing just people succeed and wanting to be that. I've set goals for myself and that inspires me to keep working and become better.

**Q:** The best part of buddhi school and what was the highlight of your time?

**A:** The teachers, you have some amazing teachers and I've made some good friends with whom I'm still friends with. That would definitely be a highlight.

**Q:** What three words would you use to describe yourself?

**A:** Motivated, goal-oriented and personable / funny.

**Q:** How did you decide on your career and what are your passions?

**A:** I followed my passion. I love dealing with people, talking to them, and I believe if you follow your passion your career will be set. Other than this, I love riding motorcycles and was a factory rider for Royal Enfield's and had a custom-built bike in India.

**Q:** Can you describe Buddhi school in your own words?

**A:** It's really a good environment to learn and an ideal place to discover yourself. It helped me understand how important it is to follow my passion.

**Conclusion:**

He is a positive guy who has his priorities straight and works hard for it. He believes in his work ethic and thinks you should work hard and persevere no matter what the challenges are. We wish him all the best.

## Suhani Shah

- **Tamarah (11 yrs)**

Suhani completed her graduation and passed out of Buddhi in 2019. She had joined school in 2010 when she was in 3rd grade.

Currently, she is a contemporary dancer; she teaches young people. She had come to school for the interview and we (my classmates Sandhya, Pranav, Akshita, Ardra and myself) were happy to meet her in person.

### An excerpt of the interview

Question: What was your dream job when you were younger?

**Suhani's Ans.** I wanted to be a teacher but I also had a passion for dance. So, right after my 12th grade I joined the 'Shakti Mohan' dance academy for a six months I think I did fulfil my dream because now I teach dance.

Q. How did you feel after graduating, leaving Buddhi?

**Ans.** I missed my friends. I realised how important it was to maintain relationships and I wish I could have spent more time with them.

Q. Did you feel school prepared you for work and the real world?

**Ans.** Yes, this school made me more confident. I can face challenges and tackle any problem now. I'm calmer, understanding and know what to decide for myself. Buddhi has helped me in a lot of ways.

Q. What was your favourite and least favourite thing about school?

**Ans.** For me it was the food, I really hated the upma but I loved the dosa and chicken curry.

What was your best experience in Buddhi?

**Ans.** We played pranks on others, for fun of course. So, once we pranked a boy by filling his water bottle with expired oil which we found in my friend's bag. After we put it in we left it and then he came to drink the water. He assumed that his bottle was full of juice and so just gulped down everything. Later he had diarrhoea for the whole school day. We were sent to Raji maam's office but since Raji maam liked us a lot (she never really got angry with me) we sat there and had a good chat.

The experience of interviewing Suhani was great. She shared with us her opinions and thoughts on how important it is to handle

difficult situations in life, the right choices to make and how to calm oneself when they're emotionally feeling low, which was really eye opening for all of us.

## Aditya Menon

- **Vedaant (11 yrs) and Kiasha (13 yrs)**

We (Smaran, Dhanvi, Vedaant and Kiasha) interviewed a former student of Buddhi who had passed out and now works as a software engineer.

### Here is a brief excerpt of the interview.

Q. What was it like to be a student in Buddhi and what was the study system like?

A. It's a different kind of experience, you could do what you can do on your own, it didn't feel like schooling and it's a different system. You can figure things out like what sort of learner you are, visual learner or learn by doing and practicing.

Q. How important are friends to you?

A. Having a good social group is important, people you can talk to about your plans or if you're going through any problem. Having that support group, that network is really important.

Q. What was the most important moment of your life?

A. Getting into university, getting a job, first time just landing here....

### Our thoughts:

We learned a lot about Aditya as we interviewed him, and got to know what Buddhi was like when he was a student. It was very different, but very similar at the same time.

## Deepshika Sriram

- **Dhanvi (11 yrs)**

We interviewed Deepshika, a former student at Buddhi. She had recently shifted to the UK, studying at Oxford, training to be a barrister.

At first, we (my classmates Yehoshua, Smaran, Pranav and myself) were wondering whether it would be interesting and exciting to interact with her. But then after the initial introductions and once we got to know each other better, it was a fun experience. So here is the excerpt from the interview.



**Yehoshua:** Tell us a bit about yourself, what kind of person are you?

**Deepshika:** I'm interested in tennis and have been playing this sport professionally. I've learned to be independent, ensuring that I can survive. I'm a determined and disciplined person, following a specific routine so that all my tasks are done the previous day. I love baking and reading, especially reading. I'm a very adventurous person, like travelling, trekking and I'm also into law which is why I love reading books about well... law.

**Pranav:** What did you think of Buddhi when you left?

**Deepshika:** Buddhi teaches you individually, which I really love, and they helped me make sure my studies were never taken for granted. All the teachers are so nice, and I adore all the teachers and there's nothing that they wouldn't do for you if you do all the work and put in that effort. I had Uma ma'am as my English teacher on my 8<sup>th</sup>. She was such a lovely teacher. You take advantage of all the resources that you have at your disposal and Buddhi has everything you need to get you better at studies.

I probably troubled Lovely ma'am the most, emailing and calling her constantly about the textbooks exam sessions, what to do....

**Smaran:** What is the best thing you like about your past?

**Deepshika:** I feel like it's learning from my mistakes.

**Pranav:** What about yourself makes you happy? What do you like about yourself?

**Deepshika:** Nobody had ever asked me this question. I think I'm honest and my parents let me come to the UK because I am responsible, like I don't cross the line when it comes to my freedom. Not take advantage of the resources and the freedom and that's why I like myself.

### Our conclusion

She is a cool and collected person who enjoys tennis, adventurous sports, reading and baking. Her favourite movie is 'The Shawshank Redemption' as she loved the principle it showed which was that persistence always pays off in the end which is a life lesson for all as well as taking risks is so important because if you never take the chances, you will never know what could happen. All in all, a very fun experience with a very interesting person who is someone doing it all, including sports and law

## Akshatha

### • Hadiya (13 yrs)

Akshatha Gupta, a chartered accountant currently working in a company called Atkins, remembered and shared her learning journey at Buddhi besides her experiences - from the time she joined the school to how she was one among the first batch of students to graduate. We (my classmates Siddhartha, Prithvi, Somayya, Smayan, Dhruv and myself) are thankful to have had the opportunity to get to know her and we learnt a lot listening to her detailed account on how she had achieved her goals.

### Excerpt of the interview

**Question:** What were your goals in life and for the future?

**Akshatha:** I never looked at long term goals but took small steps; concentrated on my education first and was determined to complete the course I had chosen. Next, I focused on my job and in the future I'm yet to decide what I can achieve in the corporate field.

**Q.** What was your big success and why?

**A.** Big success was clearing school exams and scoring well.

**Q:** What was your favourite school memory?

**A:** We were a small bunch of students and the most memorable memory was mostly everything. We had fun in every class, extra-curricular activities, sports learning, enjoyed every moment spending time with friends (with whom I have still kept in touch) and classmates, teachers and even the juniors and never missed out on school events or the field trips!

**Q.** When you were in school at that time IGCSE was not really that popular, why did you decide to go for that board? Do you think CBSE was not right?

**A.** Buddhi was always different and a unique school, and at that time, the school was following ICSE syllabus, but then they noticed how the IGCSE board was different, how the exams were conducted, the pressure was less, the exam pattern and the way the subject was taught was good. I was convinced that this is better and now, IGCSE is more popular and many schools are offering this option.

**Q.** How did you work around learning blocks?

**A.** I never found anything particularly difficult but when I did, I would ask my teachers to help and guide me, which they always did.

Q. Do you have any general advice or suggestions for us?

A. My advice for you would be, just enjoy your school years and make sure to relax when you can. Don't dump and revise subjects every single day and devote time every day to certain subjects to improve.

### Our thoughts

Overall, it was a great experience to have been able to interview and know Akshatha. She patiently listened to our questions and explained everything clearly. She gave some really useful information, which we can follow, and key advice as to how to decide on subjects without getting influenced by peers, how to deal with stress, importance of gaining practical knowledge besides soft skills for career and emphasized how the school caters to the students' individual needs.

We thank her for giving us this chance to understand how to work towards our goal and proceed, face challenges and give our best.



Aditya  
Menon



Varun Gade



Akshatha, The Determined,  
Independent Learner



Deepshika, The Aspiring  
Lawyer



Suhani, The Passionate  
Dancer



# Online VS Offline Learning

We all know that when school was created it was obviously offline where all children used to go to school for education. But in 2020 March was when EVERYTHING changed. In just the end of 2019 a very dangerous virus called Covid19 and when that entered the world every place had to completely shut down and everyone was under lockdown.

When everything was shutting down of course schools had to shut down as well. It was so hard to suddenly stop meeting my friends and going out of the house but for safety, we all had to. Nevertheless we couldn't just stop our learning flow like that, so schools decided to start online classes using video calls.

We basically did our normal time table which was at first, hard to get used to but every day I got more comfortable like I was in physical school.

There are many pros and cons between online and offline, for example in offline we get to experience the feeling of being in a classroom and in that disciplined environment whereas in online you are on your electronic device in the comfort of your own house. Also, you don't get to meet your friends and can only see them on a screen.

In my opinion I would always choose offline over online because being in front of a screen and sitting on my desk for so long without any physical activity strained my eyes and because I hadn't moved my body that much anymore, I used to feel sore after classes, it just wasn't fun anymore. So, for me online school is just not my type of learning.

- Kara (12)

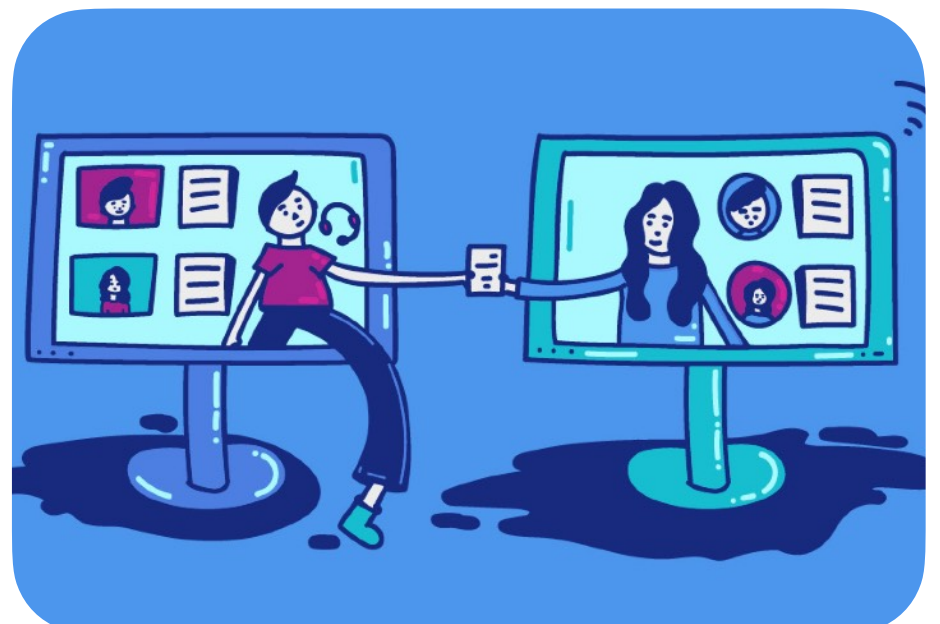
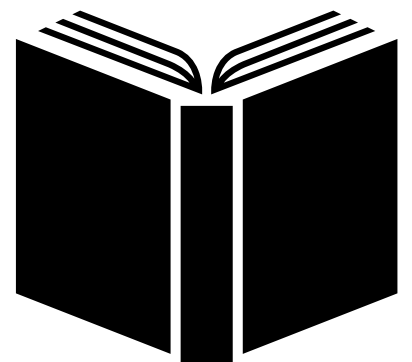
## The Perks of Online and Offline Learning

I personally liked online classes because I feel like it's more convenient than normal -offline learning- because you don't have to wake up as early and don't have to take a long bus ride to school, and you have the protection of your own home.

Though I liked online learning more than offline I feel offline is more efficient because you don't have to worry about technical issues and children removing people from the meeting, yes; on Gmeet -the video call platform we used the most- there was an option to remove somebody else from the meeting, and it didn't display who did it. So, when somebody got removed from the meeting, the whole class turned into a courtroom and tried figuring out who was responsible. To be honest, it was kind of fun trying to find out.

Like I said, I personally liked the online learning space rather than offline, but that does not matter because, in the end, we're still learning.

- Bruce (13)





# Technology - Blessing or Curse?

Technology, a curse or a boon. But first what exactly is technology? I mean sure your phone, tabs, laptops and electronic stuff are there but is that seriously it. We have lights, fans, chargers, mice, keyboards, and even electric kettles. In my opinion, technology is any system, physical or digital/virtual, that has a function. Technically, even wheels are technology because they have a system that pushes you forward and involved an innovation to create.

**Technology, therefore, is a boon.**

Not a blessing, a boon; As blessings are granted and boons are created and commanded. Many people have put blood, sweat and tears in creating these pieces of technology.

**Pros:** Technology makes life much easier. It eases functionality for day-to-day tasks. For eg earlier we used to use flames for lighting but now with a simple switch, we can light up our homes and rooms.

Technology allows communication to happen easily. Even across the world. From pigeons to phones, we have come a long way. With Technology, we can save lives. Hospitals, rescue teams, firefighters, police all use technology to reach people faster and help them better.

Information gathering and distribution has never been easier. From google to scientists using technology to analyse things, and even us analysing virtual data on a daily basis, research has become simpler, and more accessible. We are using technology for this very assignment.

Even fitness can improve with technology. Our trackers, gym equipment and even online tutorials on exercises have significantly improved in the past few decades, though, due to people sitting in front of devices too long has reduced overall health and fitness.

From eating raw food to using advanced technology to make any food, we have come a long way. Now with technology at the tip of our fingers, we can now find recipes from around the world and explore cuisines of our choice and liking in the comfort of our home.

Technology has come far enough that companies have now started delivering items, whether that may be a TV, a cycle, a water bottle or even food. We live a very comfortable life.

**Cons:** These comforts however come at a cost, quite literally sometimes.

The price we pay for the comforts are significant and separate the society further. The poor struggle even more while the rich constantly get richer and the divides between us have widened.

We no longer feel the need to go out of the house to entertain ourselves, as such we feel a significant downgrade in our health. People are walking much less and spending more and more time sitting which is extremely unhealthy.

Children are addicted to technology and no longer spend time with their friends and family in real life. People now talk through text messages so much more than in person that they have started creating abbreviations from pretty much every popularly used phrase. BTW IRL we hardly speak. You see what I mean!

Creating technology takes a lot of resources to make and unwanted additional waste. Factory waste, electronic waste in our air, water and food are all byproducts of our dependence on technology. Mass production of weapons and nuclear weapons will cause thousands of deaths.

Though it is now a boon, technology might grow uncontrollable and doom humanity to extinction like we have to many other species. Even Elon Musk warns us that AI might some day be more dangerous than a nuclear bomb!

-Yehoshua (13)



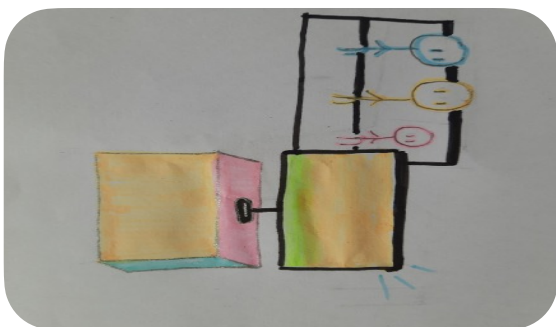
The First Electronic Television was Invented in 1927. The system was designed by Philo Taylor Farnsworth Over time we have seen the misuse of the T.V,My classmates and I interviewed children from the 7th grade to find out about their screen time.

According to the 24-Hour Movement Guidelines, teens should only get two hours of recreational screen time a day.However The Centres for Disease Control and Prevention (CDC) reports the average daily hours by age group: 8-10 years old: Six hours. 11-14 years old: Nine hours. 15-18 years old: Seven and 1/2 hours, but these children do not see how this is affecting their health.

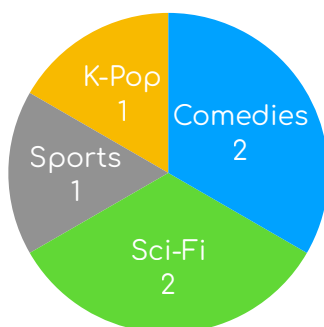
Foggy brain, sleep issues, emotional skills and emotional development issues, issues with problem solving skills.The results we obtained from interviewing our classmates lined up with the scientific data with many of them spending over 2 hours on T.Vs or other devices daily

In conclusion, our time management skills need to greatly improve to live a healthy life which will only happen if we put effort in it.

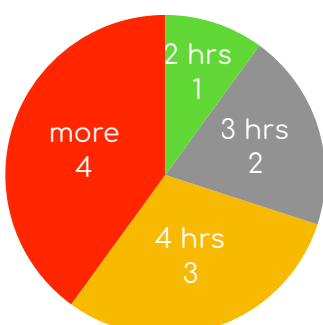
- Hadiya (13)



How much TV do you watch per day?



What do you watch on TV?



How much TV do you watch per week?

Gaming is one of the most popular pastimes in today's world, but what are its pros and cons, and does it live up to the hype?

Before we start on the pros and cons, we first have to know what gaming is. Video games are an electronic game with a user interface that allows the player to control the game. Gaming is the act of playing video games.

Now for the Pros and Cons

#### Pros

- A great way to develop early learning skill for younger children
- If played for short periods of time, it can relieve stress
- Enhances memory, brain speed and concentration
- Improves multitasking skills
- Builds skills for future careers

#### Cons

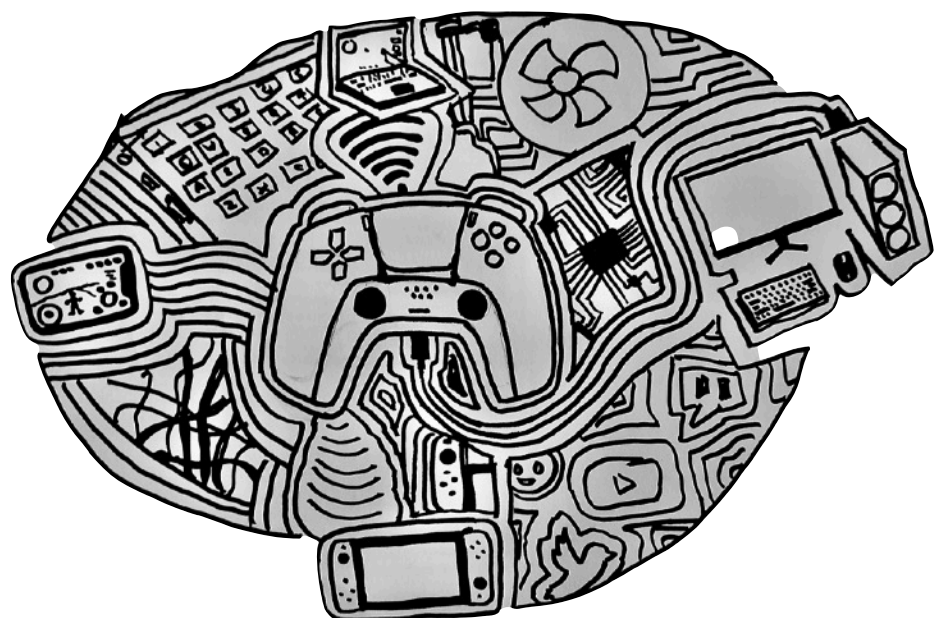
- Poor sleep
- Depression
- Aggression
- Decline in physical health

The pros are great, and the cons are absolutely horrible, but is it worth taking the risk?

When played for a moderated amount of time is when the pros of video games really show up, and when played for too long is when the cons take away all of the good.

In short, video games are great if you can moderate how much you play, but if you play too much, it can really ruin your life.

- Sid (14)



# Online Chatting/Social Media

There's a whole other world on Earth which humans have created and pretty much all of us use it everyday. Its called the Internet. The Internet had a lot of advantages, but dangerous disadvantages as well. The disadvantage, however, can be avoided.

## Key Advice

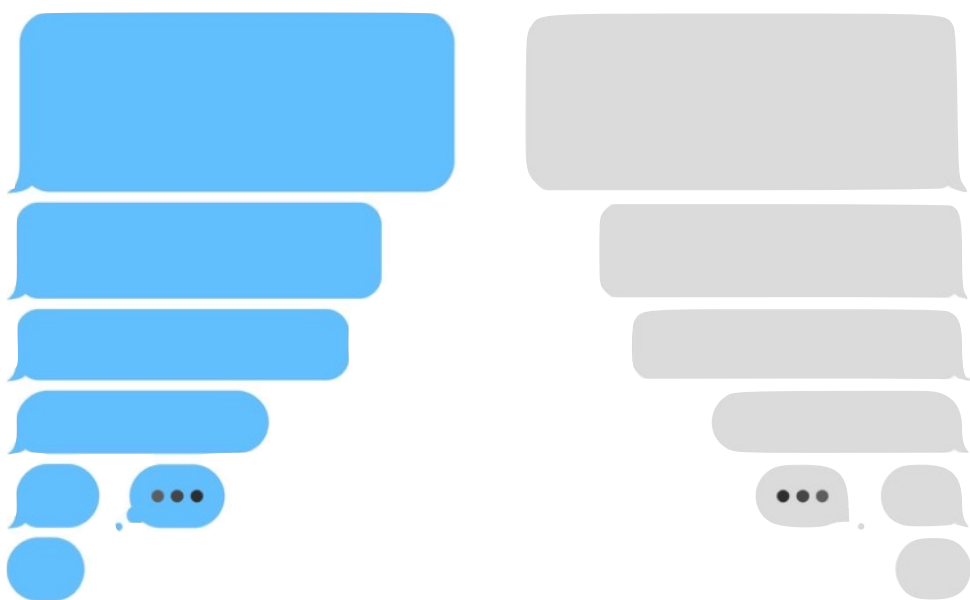
A lot of websites will ask you to fill out a registration form, and some information they ask for may be personal, so it's a good idea to see how the information will be used. All websites that collect information have to tell their users how the information is used. This section is usually under Terms and Conditions.

Be careful about what personal information you share. People on the internet can pretend to be anybody they want, so they might not be who they seem to be.

Avoid arranging face-to-face meetings. Like said earlier, people can pretend to be someone they aren't, so it's never a good idea to arrange face-to-face meetings

These relatively easy to understand pieces on advice make the internet a safer place.

Sid (14)



# Transition from 7th to 8th

8

The difference between 7th and 8th grade is most definitely noticeable.

For one, 8th grade has more assessments than 7th grade.

7th Grade has less studying and no assessments and has 2 different languages (Hindi and Kannada).

Whereas in 8th grade we have more studying to do, many projects to work on and many assessments to attempt, especially in Science and Maths subjects. In grade eight we have other subjects such as Biology, Chemistry, and Business.

This is my experience for 7th and 8th.

- Smayan (14)





# Teenagers' Interests

Teenagers are interested in a lot of things, and I know for sure that one of those things is music.

Different teenagers are interested in different kinds of music, they probably find it as an escape from reality. Personally, I have never met a teenager who doesn't love music.

Another thing they're interested in is sports. All kinds of sports! Football, basketball, tennis, etc. Many teenagers take sports classes to get better at what they're interested in, I think they do it either for fun, or to be strong in the future.

Some teenagers are also really into reading, they buy books from all over and buy books about so many different things. Like fantasy, adventure, or mystery!

Other teenagers love gaming, or just technology in general. They download different kinds of games that they are interested in, on their phones, laptops, iPads or PCs and play them for days on end.

A lot of teenagers are interested in all of the above all together! These aren't the only things teenagers like, there's so much more that they're interested in.

I am interested in most of the things I've listed, sports a little less than the others.

I love reading, I have a lot of books that I would gladly read all over again. Sometimes I wish I could read these books for the first time again.. I've finished most of the books I have at home, and one of my favourites is a book called "It Ends With Us".

I also love gaming. I play almost everyday with my friends, and I find it to be a really fun experience especially since I'm playing with other people.

Listening to music is one of my favourite things to do. I listen everyday, because I like doing things while listening to music, because if I'm doing chores like washing the dishes maybe, I can listen to music, and it suddenly gets a little less boring.

I take basketball classes at the Padukone Dravid Centre, because basketball really excites me. I have so much fun playing with my friends in school, so I decided to start taking classes! I hope I improve so I can be one of the first to be picked for the teams..

- Kiasha (13)



# Smoking Dangers

## History of smoking

Smoking all started in 6000 BC when native Americans started cultivating tobacco. At around 1 BC was when native Americans first started smoking tobacco in religious ceremonies and for medicinal purposes. Then in 1492, when Christopher Columbus found native America, they brought him fruits, spears and more but among those things were dried tobacco. This made him the first European to discover smoking.

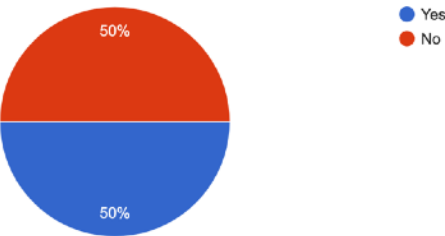
## Effects of smoking on your lungs

Parts of the smokers' lungs don't work, as the damage from the tar in cigarettes causes damage to their lungs as air will get obstructed and they will not be able to breathe properly. Due to portions of one lung being ineffective, the good lung has to take in more air to compensate for it.

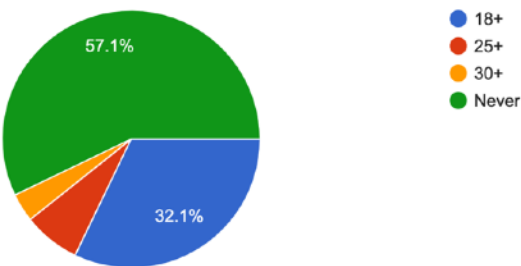
- Som (13)

We also hosted a survey. Here are some of the results

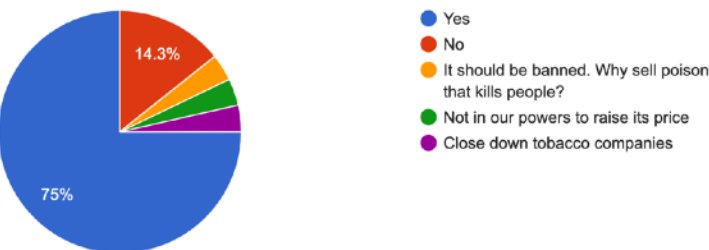
Do you think smoking should be illegal  
28 responses



Age requirement for smoking  
28 responses



Should cigarette prices be higher so that people will think twice before buying  
28 responses



# Importance of Art

Art is a way to convey a message, or a way to express yourself. To me, art is a tool, I mainly use art to keep myself busy, as well as a way to communicate.

A world without art is a world without creativity and expression, and that would mean a world without excitement, without anything new, and worst of all, without imagination

Art isn't just a painting, or a sketch, art can be anything. More than anything, art is a passion.

- Sid (14)



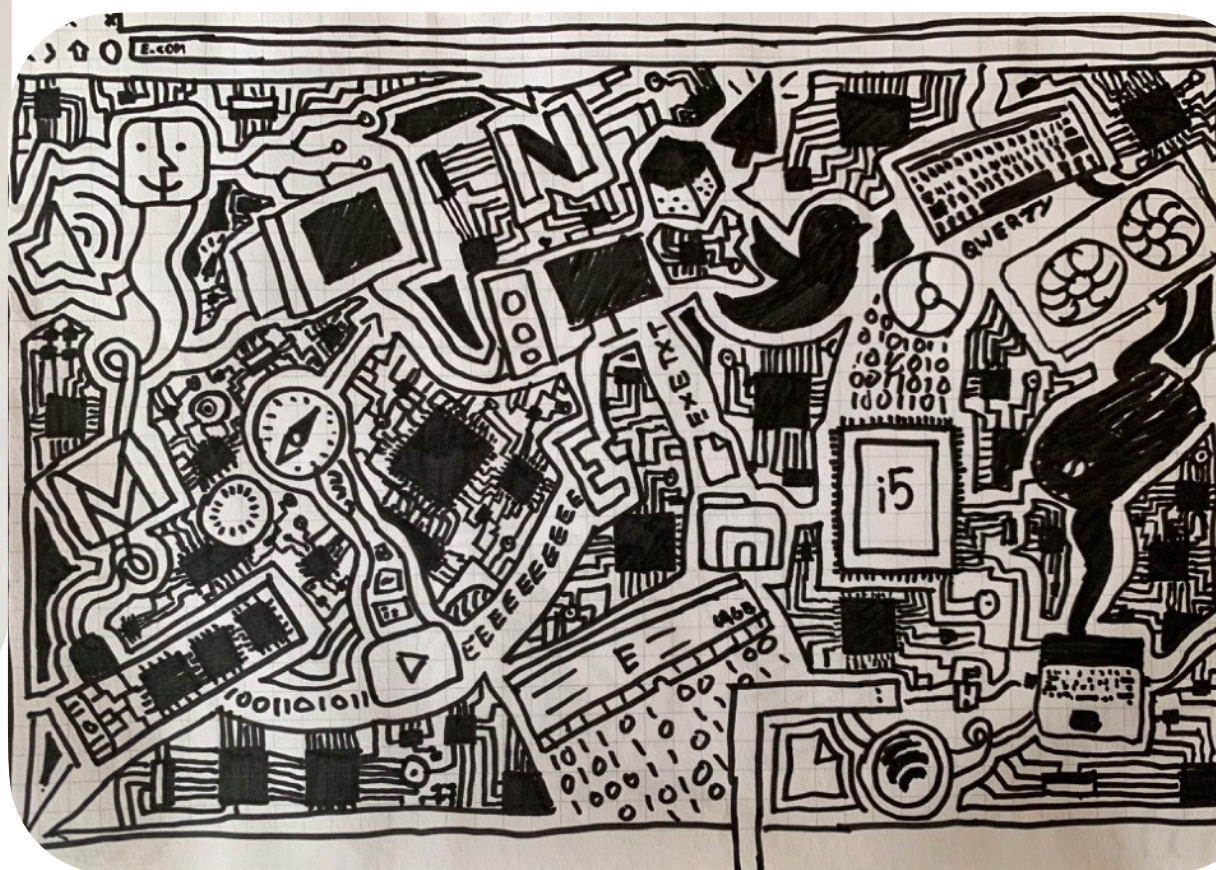




Favourite Anime Characters - Prithvi (14)



A Portrait - Kara (12)



The Computer (A doodle) - Sid (14)



# Poems

## The colours of music

Music. It's like a great colour you can hear.

Different Types of music can make you feel different things.

It can make you imagine being in a meadow during spring, listening to the trickle of water of the river next to you, or laying on your back and watching the stars in the dark. Music can make you feel anything.

Music can make you feel everything.

Kiasha, 13

## Poem on Football

Football is an amazing sport,  
All age groups have fun playing or watching!  
Clubs have this sport and,  
Also played in the stadium,

Make sure you get your crosses right  
If you want and wish to win.  
It will feel really good,  
As it is sure to change the mood to elation.  
Think of a dance, go ahead and prance,  
If you're a keeper go ahead and make a save.  
You can be proud as your fans

One day may call your name.

Now you know why football is amazing.

Vedaant, 11

## Wandering

Oh, wandering, something we have all done  
Matter not outside, or in your mind  
Though most of the time, it is rarely fun.

The greatest physicists from Newton to Einstein  
All let their minds wander for some

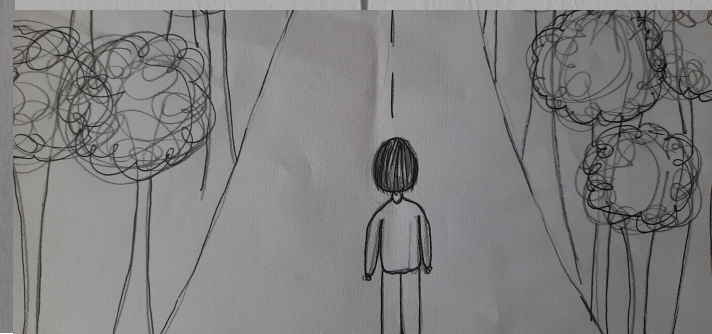
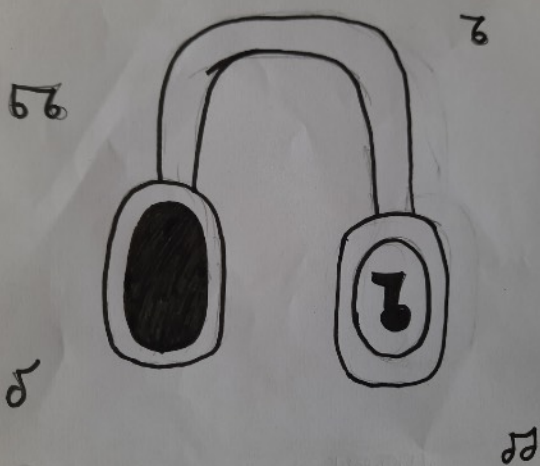
Of their best ideas.

So sit back, and smile so you shine

Or go take a stroll while chewing some gum  
So go, brew up some ideas that are oh so fine  
Speak out loud, don't be mum

But be careful, don't cross the line

Yehoshua, 13





# Comics



Animals speak out - Iktara (11)



Roaring Riddles - Teesta (11)



# Travel Journal

## My Bali Trip

**Day 1** - We went to Turtle Island by a boat and saw turtles of ages till 70 and touched them, we fed them also. The guide there explained how they breed them and that those turtles are released in the ocean when they are 70 years old. We also saw other animals. In the evening, we all visited Garuda Wisnu Kencana Cultural Park.

**Day 2** - We went to Uluwatu Temple which is a Balinese Hindu sea temple. It is built at the age of a 70m high cliff projecting into the sea. We saw a huge number of monkeys there. In the evening we saw the Kecak dance, an Indonesian dance form in the temple premises.

**Day 3** - We went to Amed. On the way we went to virgin beach, there were very few people on the beach. I made a sand castle. The sea was blue, and the waves were high. In the evening I celebrated my birthday in Amed with my family in a beautiful Airbnb beach villa.

**Day 4** - At 5 o'clock in the morning, we watched a spectacular sunrise and took a stroll in the adjacent black sand beach. Then we went to Lempuyang temple and waited for a long time to take pictures.

This temple is also known as the "Gate of heaven". While we were coming back, we went to Tirta Ganga Water Park where we fed fishes.

**Day 5** - We went to Ubud. On the way, we saw Besakih temple on mt. Agung, an active volcano. It is the most important, the largest and holiest temple of Balinese Hinduism. Then we had our lunch in Kintamani which is a famous stopping place to view another famous active volcano of Bali i.e. Mt. Batur.

**Day 6** - In the morning we visited Ulun Danu temple. It is a beautiful temple on the shore of lake Bratan. Next we visited Jatiluwih, which is famous for its rice terraces.

**Day 7** - On the last day of our trip, my mother did some shopping followed by a short visit to the Saraswati temple. In the evening we were lucky enough to view a dramatic sunset in Tanah lot, a temple on a small island in the sea. This marked the end of our trip

- Medhajit (12)



Day 1



Day 2



Day 3



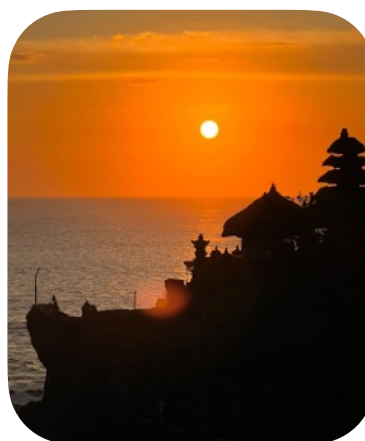
Day 4



Day 5



Day 6



Day 7



# Travel Journal

I have been to many countries. I travel so much, go to many places, but these 5 are definitely my favourite.

## 1. India

Well, I didn't 'visit' India, I live here, but I had to add it in. I've been to so many places, and India is still the most interesting place. The culture, sights and places to go are one percent of the reasons to stay in India. I love traveling around India and I don't think I am planning on stopping



India

## 2. The Netherlands (Holland)

The Netherlands, commonly known as Holland, is a wonderful place for all kinds of tourists. The country is a really peaceful place, with immense beauty. There are a lot of museums to visit, places to go, and so much more. Famous for its beautiful flower fields and also, the capital, Amsterdam. With so much to do, The Netherlands is definitely my favourite place to visit.

## 3. Italy

Italy is a really interesting place. There are a bunch of places like Venice, Rome, Florence, Milan and Naples. Venice is famous for being a city with canals instead of roads, and it was an experience to remember. That is why Italy made this list.



Italy

## 4. France

France is an awesome place for tourists. There is the famous Eiffel Tower, Louvre Museum and also The Versailles Palace. The food there is also one of the highlights of this amazing country, with croissants, baguettes and crepes. So, that is why France is an amazing place to visit.



Paris

## 5. Switzerland

Switzerland, a country in the middle of Europe, is such an amazing place. It is the home of the highest mountain in Europe, Jungfrau. At a height of 4,158 meters, it is one of Europe's wonders. Switzerland also has a lot of breathtaking sights. With all of this, it definitely deserves 5th place in my list.



Switzerland

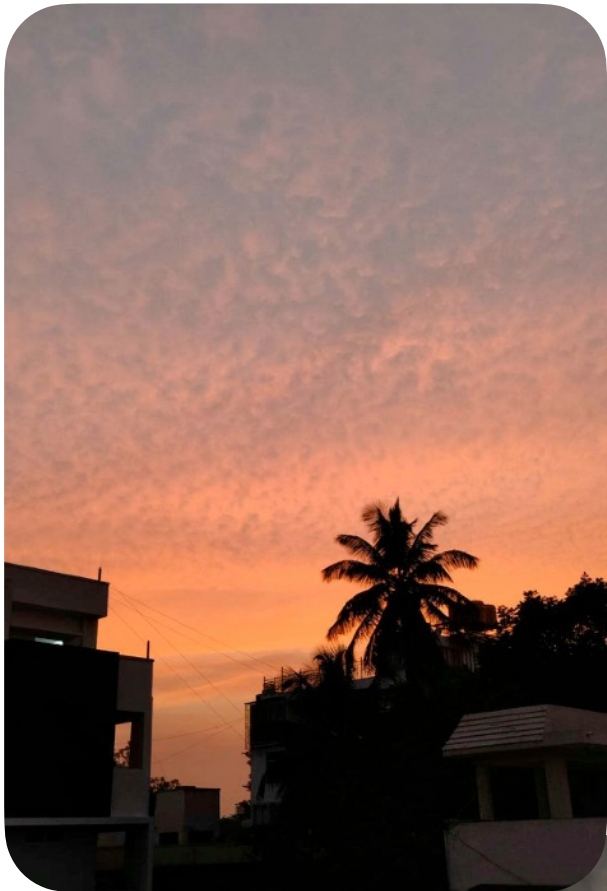
- Dhanvi (11)



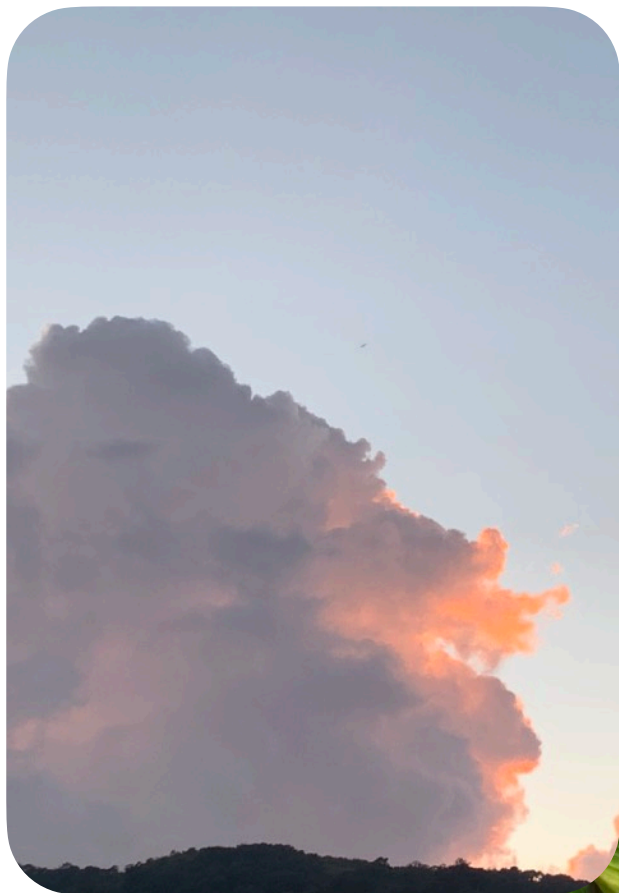
# Photography



Some Beautiful  
Sunsets Captured from  
a Terrace - Som (13)



A Close up of  
a Mossy Wall

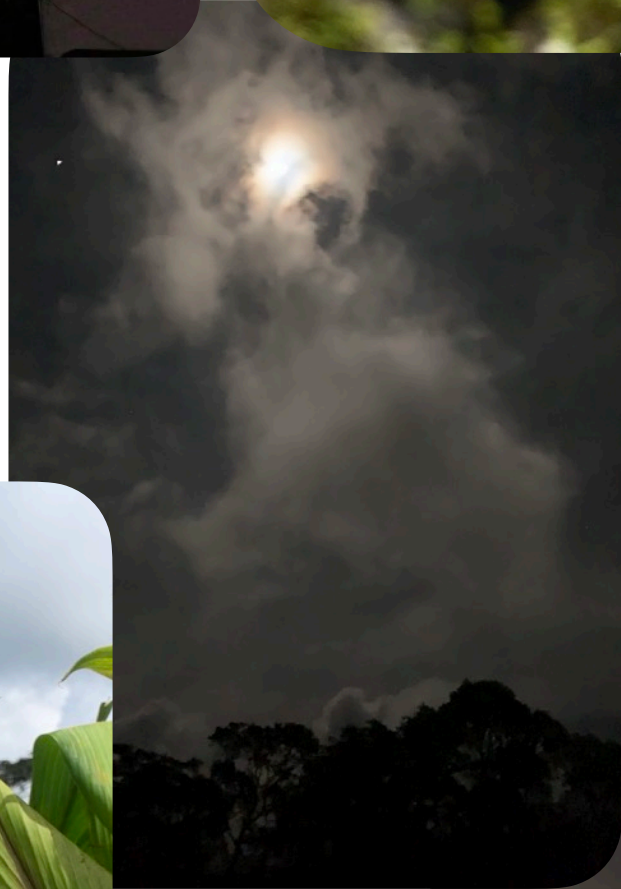


Sunset Sky

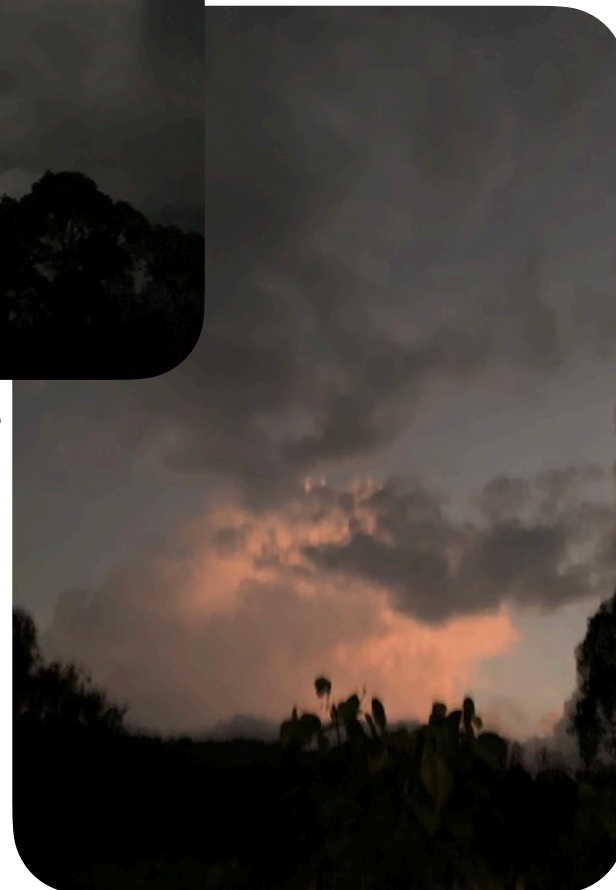


Turmeric Leaves on a Sunny Day

Sid (14)



A Shot of the  
Night Sky



Sunny Cloud Against A Dark Sky



## Paputtu (Typical Coorg Dish)

### Ingredients:

1. Thari (broken rice) - 2 cups
2. Grated coconut ( fresh) - 1 ½ cups
3. Milk- 2 cups
4. Water - 2 cups
5. Cardamom seeds - 1 tbsp
6. Sugar - 1 ½ tbsp
7. Salt to taste

### Method:

1. Wash the broken rice and soak for half an hour in 2 cups of water.
2. Add the grated coconut, milk, cardamom, sugar and salt and mix well with the soaked broken rice.
3. Divide the mixture equally between plates.
4. Steam for 25-30 minutes till done and puttu should look firm.
5. Cool a little before cutting.
6. Eaten best with mutton/chicken curry or with butter and honey.

- Som (13)



## Podi Idli (Typical Tamil Dish)

### Ingredients Required

- Sesame seeds = 50 grams
- Chana dal = 100 grams
- Urad dal = 200 grams
- Pepper seeds = 1 spoon
- Jeera = 1 spoon
- Red spicy chilli = 8 - 10
- Kashmiri chilli = 8 - 10
- Curry leaves = 10 to 15 leaves
- Hing = half teaspoon
- Ghee = 2 tablespoon
- Oil = 1 tablespoon

### Directions

To make the podi, first fry sesame seeds, chana dal, Urad dal, pepper seeds, Jeera, red chilli, Kashmiri chilli and curry leaves all separately one by one.

Next, after all the fried ingredients are cooled, grind only the fried chillies coarsely in a mixer. Then add the rest of the ingredients together, add half teaspoon of the hing and grind to a powder form.

Podi/powder is ready and now about the idly. Button Idli or small idlis are the ones which I prefer but you can also make normal idlis into small pieces and use them. You will have to get the idlis ready as well.

Lastly, in a pan add 1 tablespoon of oil, 2 tablespoons of ghee, add some more curry leaves and 2 spoons of powdered mixture which we made. Stir a little and then add the prepared idlis. Stir them carefully so that the idlis don't break. After mixing them for a few minutes, sprinkle 1 more spoon of our idli podi powder and mix well for another 2 minutes and switch off.

Podi Idli is ready to serve.

- Pranav (13)



# Book Review

## Harry Potter and the Chamber of Secrets

J.K Rowling

The second instalment of Harry Potter's adventures at Hogwarts, based on the novel by J.K Rowling. A mysterious elf tells Harry Potter to expect trouble during his 2nd year, but nothing can prepare him for the threats that fight back, flying cars, talking spiders, warnings written on the walls of the school and Lord Voldemort himself.

If you like magic and enjoy the mysterious and weird looking characters this is the book you should be picking up.

5/5 stars, don't miss.

-Pranav (13)

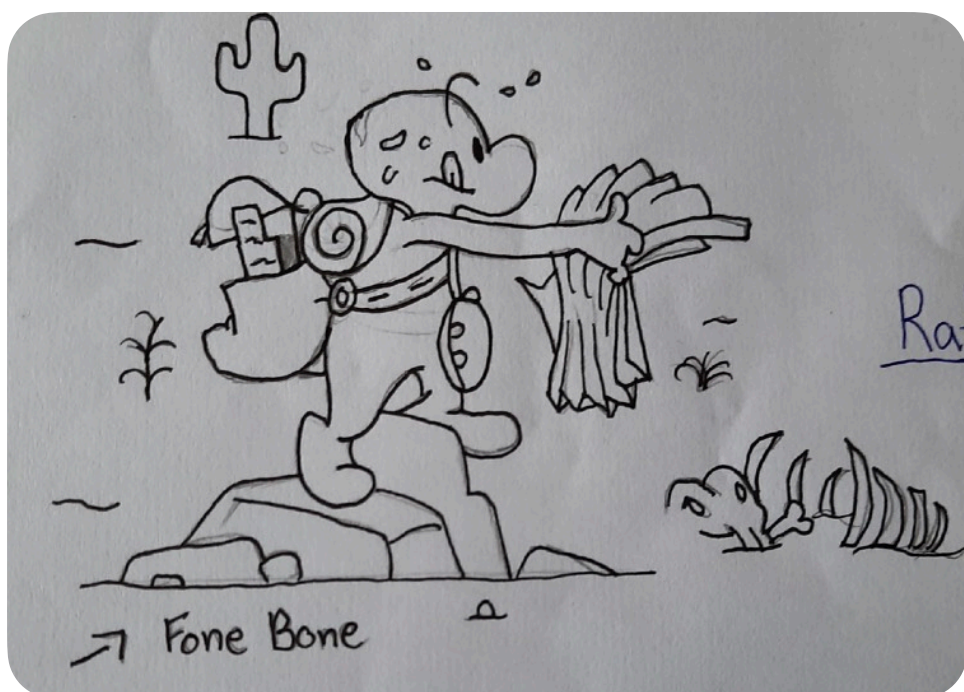


Kathy Reichs & Jeff Smith

It is called Bone because the main character is from a wallet called Boneville. So the proper story is three bone brothers have run out of Boneville - One Home, Smiley Bone and Phoney Bone. They end up in a completely new valley they've never seen and find spirits, monsters, scary forests and all kinds of new things! But little do they know they've come into a land with hard challenges and adventure...

This series is recommended to people who like humour, adventure, and fictional characters of around the age of 11.

-Kara (12)





# Letter Writing

## Letter on Animal Extinction.

Dear Sir,

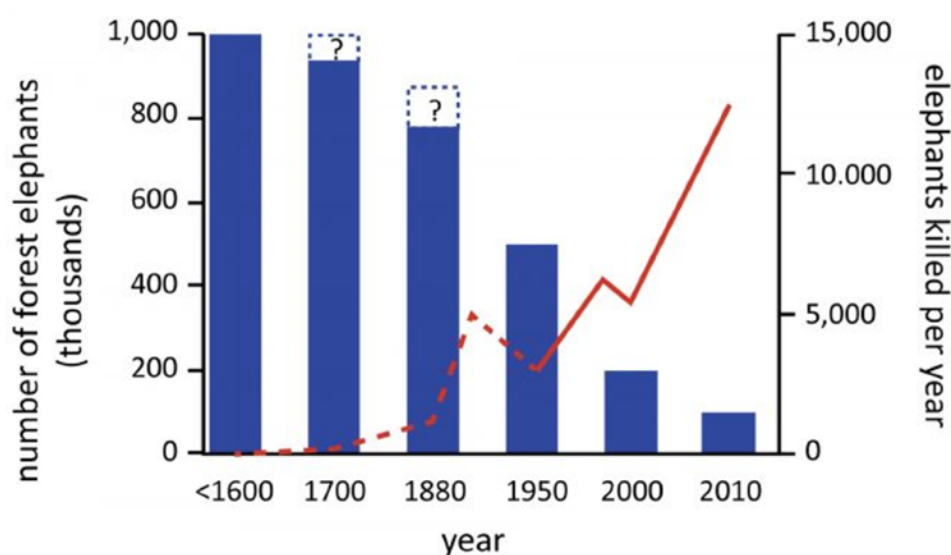
We have been learning about how the elephant population has been declining since the 1600s.

There is an estimate that there will be only 156,00 elephants left by 2025. If we take no action, by the year 2040 the elephants will go extinct.

We would be grateful if you could continue studying endangered animals and release information as articles for public awareness. We have asked a lot from you. Now how can we help?

Yours sincerely

Vivoan Vats (10)



## Letter on Kindness

Dear Students,

Kindness is a dear virtue to have. It is said "Kindness is free to give, but priceless to receive." Being kind to others makes both us happy and receiving kindness makes us happier.

You can be kind anywhere, including home, by helping your parents with daily chores. Outside your home, you can help the elderly carry their bags or help them cross a busy road. Providing stray animals with food and water is also an act of kindness.

Being kind makes you a better person and the world a better place to live in.

Regards,  
Som (13)



*kindness*



# Carnival Experience

The idea of the carnival first started when we had to do a project for our business class. The topic we had chosen to learn about was GST.

So, we decided to set up a carnival to educate all the other students in the school about GST. The original idea for the carnival was to sell products, like chocolates, candies, stationary, chips, and juice besides a few games' stalls.

We spent the first few classes deciding which products to sell, where to buy them, and how much of each product we had to buy. We recorded all of the products we had decided to sell, the prices, the GST% of that product, the final selling price, and our profit were mentioned.

The next day we had the carnival; came early to school and setup our stalls with all the products. All the students came with their coupons and bought whatever they wanted and played the games which we had organised. It was interesting and we had a lot of fun working on this and I can't wait for the next project.

- Prithvi (13)



# Independence Day

Independence Day is celebrated on August 15 of every year, but this year was special as we celebrated 75 years of our freedom.

We, at Buddhi school, celebrated the Independence Day by first hoisting the Indian national flag. Next, a speech from a high student about entrepreneurship was presented and then the younger students sang lovely songs and performed some amazing dances.

Later, we students escorted our parents around school to show our sample work displayed, so that our parents have a glimpse of what we had learned through our projects.

Our parents were happy and impressed as we explained how we had applied our creative abilities and skills through our presentations. They met the teachers and conveyed their appreciation.

Later, our school offered an amazing snack which was prepared by the school kitchen staff. We thank our school, teachers and aunties for their kindness and effort. On the whole, we all enjoyed and had a good time taking our parents around the school.

- Pranav (13)



A Comic Memoir on the Independence Celebration - Pranav (13)



# Trip to Pegasus (Blog)

## DAY 1 - Hadiya (13)

The weather that day was nice but kind of chilly but that did not deter or diminish our excitement to reach the camp. We said our goodbyes to the teachers and left around 10:15 for the overnight field trip!

On the way, some of us talked while others slept or simply enjoyed the view. After about an hour and a half of being in the bus we arrived at the camp at noon. Students who had not been here before got their first look at Pegasus. We got off the bus and the staff took us to our tents. Everyone ran to reserve their beds in the tent as we all wanted to sleep next to our friends.

Once we were all done with lunch and relaxed a bit, we were taken by the staff for trekking. As we climbed and went up the hills some of us were a bit scared while others were excited. It was drizzling a bit as well but that was alright. Then, we were told what we would have to do. We were going to be blindfolded! Some of us would have masks put on so that we couldn't speak and we were supposed to guide those who are blindfolded. After reaching certain points we would switch the blindfolds and the masks so everyone got a chance. That was an unusual but interesting activity!

After we got back from trekking, we did some breathing exercises to relax and reflected about the different values we had learnt, for example important life-skills like communication, teamwork and trust.

## DAY 2 - Sid (14)

We began the day with a walk around the camp and after breakfast participated in the first activity. The activity was about teamwork and planning - how the two groups could manage to stand on a mat and flip the mat without getting off the mat. We couldn't even put a single foot on the floor! In the end, when both the groups managed to flip the mat, we were given a refreshing lemonade break.

We had the second activity but this time we were split into three groups. We were given one pipe each and asked to pass a jar of marbles

through without dropping them. The goal was to transfer as many marbles into the empty jar in the allotted 15 minutes.

For the third activity, we were shuffled and put into three different groups. There were 40 foam pads, numbered from 1 to 40. The goal was to tap as many numbers as possible, in sequence, within a certain time limit.

After lunch, we had our fourth and final activity for the day, which was an obstacle course. This time, we all had to do one obstacle and the most fun activities were the Burma Bridge and the rope swing.

Later, since we had some free time, we played volleyball and had to stop, unfortunately, as it started to rain. Most of us ran back to our tents and played card games or talked, a few read till it was dinnertime. Dinner was supposed to be around a campfire, but then it continued to rain and moreover the firewood was wet, so we just ate at an area close to where the campfire was set up.

After dinner, everybody went back to their tents. Some people went to have a bath, while others just talked until it was time to sleep.

## DAY 3 - Prithvi (13)

The last day of this interesting trip, we woke up early and went for a walk around the camp again. Under our coach's guidance we all took part in simple games, like the 'fruit salad', and after breakfast we left the camp around 9:45 a.m.

We reached school close to lunch time and later some of them went home early. We were a little tired but the past couple days were fun for us as we got to spend time with our friends.

This trip has taught us how to work as a team, focus, problem solve and manage ourselves independently but most importantly we did not think about gadgets!





Every year we have a sports day, which is one of the main events in our school.

When I was young I didn't have sports in my school. When I switched schools, I was introduced to sports.

I slowly got into playing different sports and mainly liked football. I began to play well. I loved watching football and developed a passion for the sport.

I started watching the NBA and got influenced by the people.

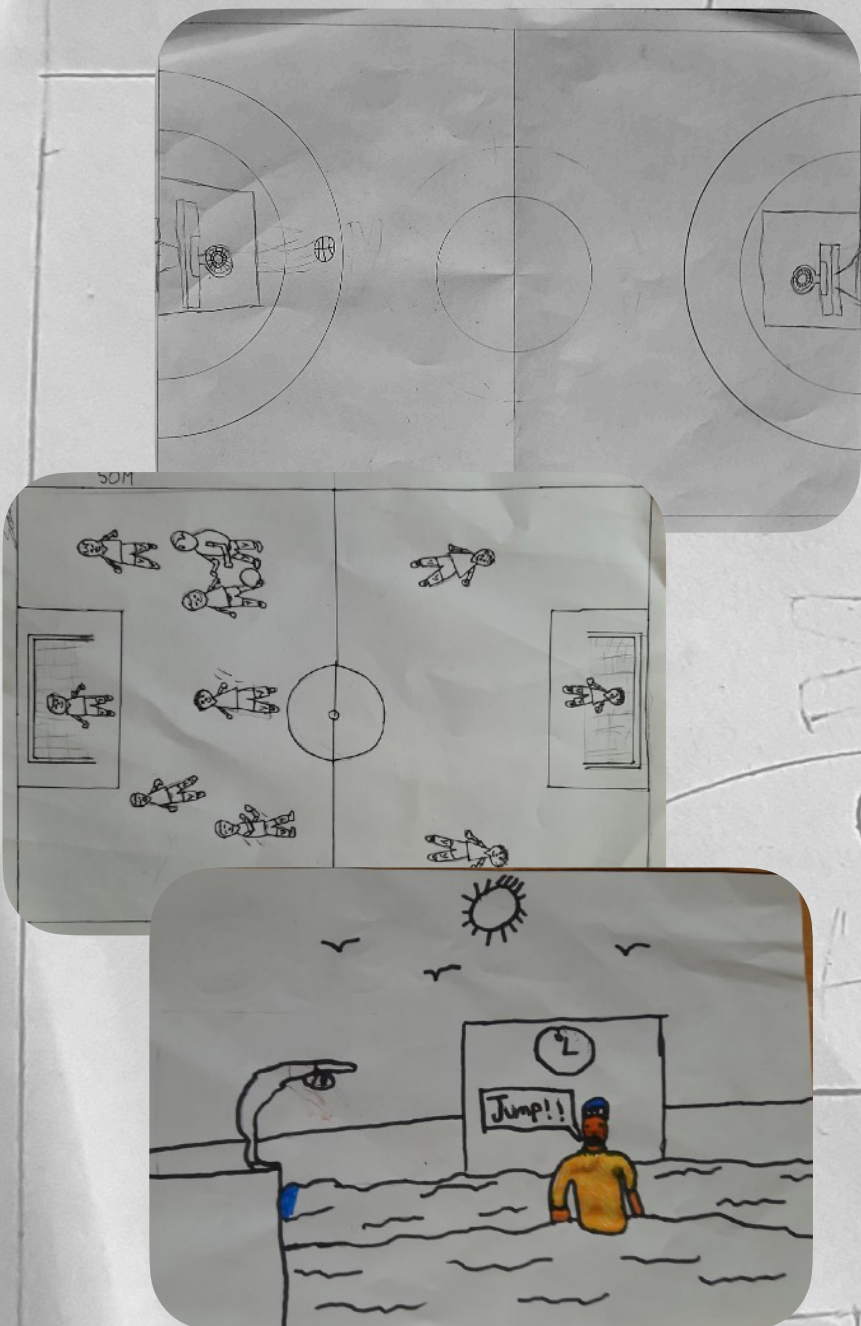
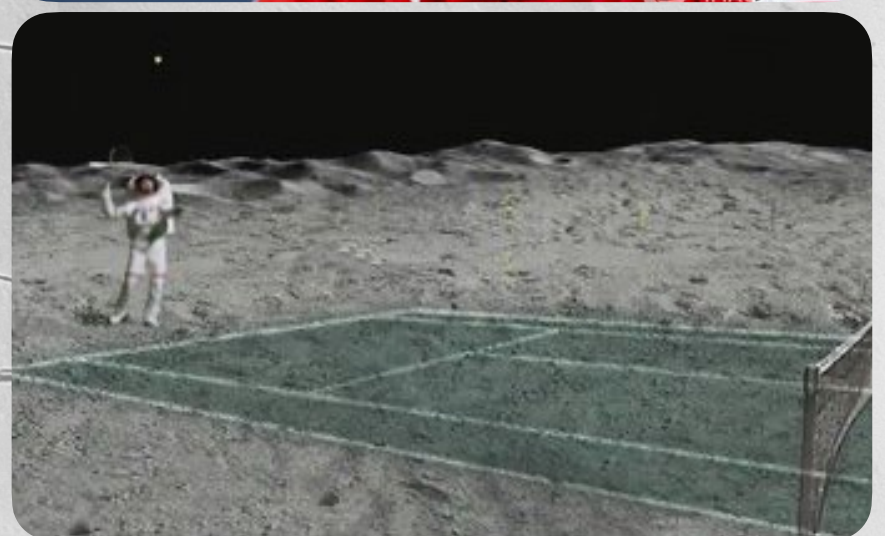
While playing, I learned to control the ball and learned to dribble, and the best way to shoot.

Swimming was another sport introduced but I did not know how to swim! However, a year later I started learning again, and thereby mastered the way to breathe and improved my speed. Then, gradually I became one of the best swimmers in my school.

Dhruv (14)

## FUN FACTS ABOUT SPORTS

- Golf balls have, on average, 336 dimples
- Olympic gold medals are predominantly made from Sterling Silver
- Formula One driver, Sebastian Vettel, wears lucky coins in his racing boots
- Sports have been played on the Moon





# Did You Know?

## FUN FACTS ABOUT FLORA

- 80% of the Earth's original forests have been cleared or destroyed
- Nutrition doesn't factor in the crops we mass produce
- The Earth has more than 80 thousand species of edible plants
- 90% of the food humans eat comes from just 30 plants
- 70 thousand plants species are utilised for medicine

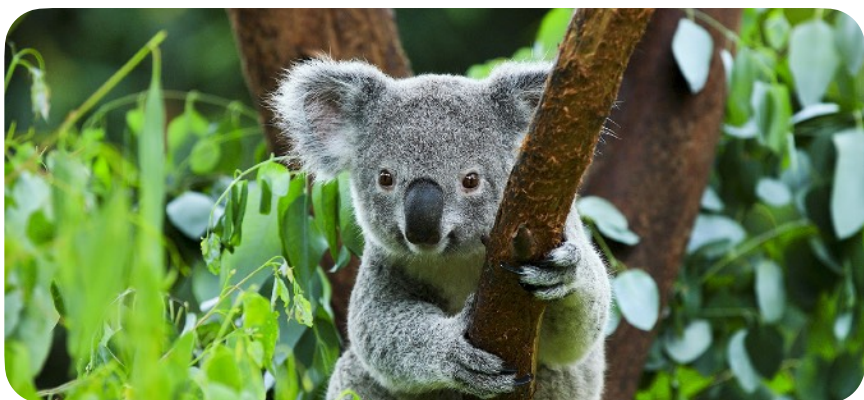
- Smaran (13)



## FUN FACTS ABOUT ANIMALS

- The heart of a shrimp is located in its head
- A snail can sleep for three years
- The fingerprints of a koala are so indistinguishable from humans that they have on occasion been confused at a crime scene
- Slugs have four noses
- Elephants are the only animal that can't jump

- Smaran (13)



## FUN FACTS ABOUT CARS

- First car was made by Mercedes Benz
- Almost 95% of a car's lifetime is spent parked
- Manual cars have much better mileage and power than automatic ones
- In the case of a crash, airbags inflate after 30 milliseconds after the crash
- It is illegal to drive a dirty car in Russia





